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	 AETNA BETTER HEALTH® OF LOUISIANA	 AmeriHealth Caritas Louisiana	 Healthy Blue	 louisiana healthcare connections™	 UnitedHealthcare® Community Plan
Website	www.aetnabetterhealth.com/louisiana	www.amerihealthcaritasla.com	www.myhealthybluela.com	www.LouisianaHealthConnect.com	www.UHCCommunityPlan.com
Member Services	1-855-242-0802 TTY 711 Available 24 hours a day, 7 days a week	1-888-756-0004 TTY 1-866-428-7588 Available 24 hours a day, 7 days a week	1-844-521-6941 TTY 711 Available Monday-Friday 7 a.m.- 7 p.m.	1-866-595-8133 TTY 711 Available Monday-Friday 7a.m.–7 p.m.	1-866-675-1607 TTY 711 Available Monday-Friday 7a.m.–7 p.m.
	Each plan's Member Services can help you: find a doctor, learn about benefits, access services, file a complaint about a provider or appeal a denied service. All plans have a 24 hour Nurse Hotline to help you figure out if you need to go to the emergency room or learn about health issues. All health plans allow unlimited visits to in-network doctors, as needed.				
Care Management Programs	All of the health plans have special programs to help members with chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity and sickle cell anemia. If they do not have a program in place that fits your needs, they will work with you to create one. They also have programs for pregnant women with a high risk of problems during pregnancy and delivery.				
Adult Dental (21+)	Dental exams and cleanings twice a year, fillings, extractions, x-rays once a year \$500 total benefit per year*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year)	Dental exams and cleanings twice a year, fillings, extractions, periodontal therapy, and x-rays \$750 total benefit per year*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*
Adult Vision (21+)	Eye exam (No co-pay) \$100 yearly toward corrective eyewear for ages 21 and up	Eye exam (No co-pay) \$100 toward glasses or contacts (once a year)	Eye exam (No co-pay) (once a year) Glasses covered in full* (once every two years)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam every two years (No co-pay) \$100 toward glasses or \$105 toward contacts (once every two years)
Rides to Appointments	All health plans will set up a ride for members who don't have a way to get to medical appointments. Stop at the pharmacy after your appointment to get medications.				
Rewards for Healthy Living	All of the health plans offer rewards for healthy behaviors. Unless otherwise noted, rewards are available once a year per member in the form of a reward debit card or gift card.				

Questions? Call 1-855-229-6848. This information is as correct and complete as possible. Extra services may change. Contact the plans directly to learn more about their services.







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	<div> AETNA BETTER HEALTH® OF LOUISIANA</div>	<div> Louisiana</div>	<div> Healthy Blue</div>	<div> louisiana healthcare connections™</div>	<div> Community Plan</div>
<div>Well Visits</div> <div>Wellness Screenings</div> <div>Diabetic Screening</div> <div>Other Rewards</div>	<ul style="list-style-type: none">• \$30 for completing all 6 well visits from birth-15 months• \$15 for completing yearly wellness exam for ages 2-20• \$15 for completing yearly wellness exam for ages 21 and up• \$15 for completing breast cancer screening for ages 50-74• \$50 for all: dilated eye exam and blood test for LDL, A1C and kidney disease for members diagnosed with diabetes• \$10 for one medication refill every 6 months for high blood pressure, ADHD or antipsychotic• \$5 for getting yearly flu shot	<ul style="list-style-type: none">• \$20 for 6 well visits from birth to 15 months• \$15 for yearly well visits for ages 2-20• \$20 in rewards for a primary care provider visit within 90 days of enrollment, and yearly after the first year for ages 21 and up• \$10 in rewards for colorectal cancer screening for members ages 50 - 75• \$10 for cervical cancer screening for women ages 21 - 64• \$10 in rewards for completing all 3: dilated eye exam, kidney screening, and A1C (blood sugar) test for members diagnosed with diabetes• \$10 for completed health assessment• \$10 for follow-up assessment after behavioral health hospitalization, limit 3 per year*• \$5 for a flu shot	<ul style="list-style-type: none">• Up to \$120 for completing well-baby visits for your child's first year of life• \$25 for yearly well visits (ages 15 months-9 years)• \$25 for yearly well visits (ages 10 to 20 years)• Booster Seat for all well visits from birth to 6 years*• \$15 for yearly well visits members 21+• \$10 for STI screening, members 16+• \$25 for diabetic HbA1C screening• \$25 for diabetic nephropathy screening• \$25 for diabetic eye exam• \$5 for completing a 'What do you know about diabetes?' quiz• \$25 for a flu shot• \$10 per quarter for high blood pressure medication pharmacy fills• \$25 for follow-up with provider after behavioral health hospitalization	<ul style="list-style-type: none">• \$30 for all well visits from 2 to 15 months• \$10 for yearly well visits ages 2 and up• \$10 for STI screening (chlamydia, gonorrhea and HIV test)• \$20 for all: dilated eye exam, and blood tests for LDL, A1C and kidney disease screenings for members diagnosed with diabetes• \$5 for a flu shot	<ul style="list-style-type: none">• \$20 for yearly well visits (ages 1-17)• Bath set or soft puzzle for well visit at 15 months* (Baby Blocks)• \$20 for PCP visit within 90 days of enrollment• Childproofing kit or children's book for lead screening, birth-15 months* (Baby Blocks)• \$10 for completed health assessment within 90 days of enrollment• Digital thermometer or rubber duck bath thermometer at birth of child (Baby Blocks)*
Adult Pain Management	Enrollees 21 years of age and older can receive up to \$150 in acupuncture services and up to 3 chiropractic visits per year	Eligible members can work with a case manager in our Living Beyond Pain program to access covered pain management services.*	Members who have gone to the emergency room 4+ times for pain can work with a case manager to go into a case management program.	Certified pain management coaches help address chronic pain for members in care management.	Members over 21 will be provided 6 visits per year to an in-network chiropractor.

	 AETNA BETTER HEALTH® OF LOUISIANA	 AmeriHealth Caritas Louisiana	  Healthy Blue	 Louisiana healthcare connections	 UnitedHealthcare® Community Plan
Pregnancy Reward Program	Promise Program	Bright Start®	New Baby, New Life SM	Start Smart for Your Baby	Baby Blocks TM
Prenatal Exams Postpartum Exam Other Pregnancy Rewards	<ul style="list-style-type: none"> • \$10 for each visit after first visit during pregnancy, up to 10 visits • \$50 for completing postpartum visit with provider up to 6 weeks after delivery • Welcome kit with diaper bag, pack of diapers, and other baby related items plus materials on baby care and healthy pregnancy resources for safety, health, and well-being of babies and mothers 	<ul style="list-style-type: none"> • \$25 in rewards for a prenatal visit in first 12 weeks of pregnancy • \$20 in rewards for a postpartum visit within 7-84 days of giving birth • \$25 for completing a Notice of Pregnancy form in your first trimester 	<ul style="list-style-type: none"> • \$25 for prenatal visit in the first trimester of pregnancy • Portable crib or an infant car seat for 7 prenatal visits • \$25 for members with a high risk pregnancy to complete 17P injection based on their OBGYN'S recommendations • \$50 for a postpartum visit • Family planning kit to help you have a healthy pregnancy when you're ready. Kit includes condoms, pregnancy test, prenatal vitamins and more. 	<ul style="list-style-type: none"> • Up to \$110 for prenatal visits (\$10 each) • \$50 for postpartum visit • \$30 for completing a Notice of Pregnancy form • Free pack-and play crib with safe sleep kit • NICU Care Kit for members in need* 	<ul style="list-style-type: none"> • Nursing cover or teething rattle at prenatal visit at 24 weeks* (Baby Blocks) • First Aid Kit or tabletop toy for a prenatal visit at 32 weeks* (Baby Blocks) • \$20 or Fisher Price sorting blocks for postpartum visit* (Baby Blocks) • \$20 or diaper bag when a member enrolls in Baby Blocks* • Healthy Pregnancy Care Book provided to pregnant women and new mothers regarding baby care and healthy pregnancies resource that promotes the safety, health and well-being for babies and mothers.
Extra Pregnancy Benefits	Case of baby diapers for newborn supplied at follow up after live birth		In-home postpartum visit	Start Smart for Your Baby Kit with helpful info and items for new moms. Free access to Start Smart mobile app	
Community Programs	All health plans offer sponsorships and/or mini-grants for community organizations and members in need.*				
	\$50 credit to pay for after school programming at participating school, including but not limited to Boys and Girls Club, 4-H, Boy Scouts and Girl Scouts, or Big Buddy, ages 5-16	Gym memberships and community support group meetings at community wellness centers for qualified members*	Boys & Girls Club membership for eligible members.*		
Pharmacy Copays	There are no copays for children, pregnant women, family planning supplies, members in the hospital, members of a home and community based waiver, women who have Medicaid due to breast or cervical cancer, members getting hospice services, Native American or Alaska Native members. For others, if the medicine is: \$10 or less = \$0.50 copay \$10.01 - \$25 = \$1 copay \$25.01 - \$50 = \$2 copay Over \$50 = \$3 copay				

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Over the Counter (OTC) Medications	Available with a prescription and co-pay \$25 monthly benefit per household for OTC vitamins and health products*	Select products available with a prescription and co-pay	Available with a prescription and co-pay	Available with a prescription and co-pay	Available with a prescription and co-pay
Adult Weight Management		Make Every Calorie Count: Program members receive two visits with a registered dietitian each year, and either a gym membership or at-home fitness kit.*	Weight Watchers® meetings for eligible members age 18 and older		
Pediatric Weight Management Program	Ted E. Bear, MD Club participants get nutritional sessions and weight checks.	Make Every Calorie Count: program members receive two visits with a registered dietitian each year, and either a gym membership or at-home fitness kit.*	Healthy Families — a program to help families get fit and healthy	Raising Well program guides you in helping your child be healthy by eating right and being active.	Jump Start Your Health - offers guidance and a step-by-step plan to help you start to get healthy. The program provides what is needed in the first 30 days, exercise programs, and healthy eating.
Asthma Benefits	Home environmental assessments and low-cost interventions to address asthma trigger-promoting conditions and asthma self-management.*	Home assessment for eligible members			
Other Benefits*	Semi-automatic blood pressure monitor now available in OTCHS product offering.* Job Skills Training: Courses for understanding workplace expectations and skills in problem solving, communication, and professionalism to help member career development; HiSET (High School Equivalency Test) certification also available* Home Delivered Meals: Two meals a day for up to 14 days after discharge for post acute care*	Mission GED: Two programs to aid your educational goals. Reading/learning assistance service and a voucher to pay for the cost of taking the GED exam.* Care Meals: Home delivered meals post discharge for eligible members.* Pathways to Work life skills program*	Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20	Members age 21+ receive one hearing exam and one set of hearing aids every two years.	Doctor Chat app - If your doctor is unavailable and you have a non-emergency problem, skip the ER and urgent care and chat with a doctor in minutes. With the UHC Doctor Chat app, you can connect to a doctor wherever you are at any time. And there's no cost to you. To get the UHC Doctor Chat app, download it to your mobile device and register your account. Doctors are available to chat through the app 24/7.

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